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Key Numbers for Cell Biologists							
1. 2. 3. Lee 4. 6. 6. 7.	≈2-4 µm length, ≈0.4 108-109 cell/ml for cu Yeast (S. cerevisiae): ≈20-160 µm³ in volu Mammalian cell volu Hela: 500-5000 µm³ ≈15-30 µm diameter	size  Bacteria (E. coli): ≈0.7-1.4 μm diameter, ≈2-4 μm length, ≈0.5-5 μm³ in volume; 10³-10⁵ cell/ml for culture with OD <sub>600</sub> ≈1 Yeast (S. cerevisiae): ≈3-6 μm diameter, ≈20-160 μm³ in volume  Mammalian cell volume: 100-10000 μm³; Hela: 500-5000 μm³ (adherent on slide ≈15-30 μm diameter)  gth Scales Inside Cells  Nucleus volume ≈10% of cell volume Cell membrane thickness ≈4-10 nm "Average" protein diameter ≈3-6 nm Base pair: 2 nm (D) x 0.34 nm (H)  Water molecule diameter ≈0.3 nm	13. Concent E. coli is Hela ≈1, 14. Charact a signali ; 15. Water or element E. coli: ≈ 16. Compos ≈55% p	Concentration  13. Concentration of 1 nM in:     E. coli is ≈1 molecule/cell;     Hela ≈1,000 molecules/cell  14. Characteristic concentration for a signaling protein ≈10 nM-1μM  15. Water content: ≈70% by mass; General elemental composition (dry weight) of E. coli: ≈C₄H₁O₂N₁; Yeast ≈C₀H₁oO₃N₁  16. Composition of E. coli (dry weight): ≈55% protein, 20% RNA, 10% lipids, 15% others  17. Protein conc. ≈100 mg/ml=3 mM. 10⁰-10² per E. coli (depending on growth rate); Total metabolites (MW<1kD) ≈300mM  Energetics  18. Membrane potential ≈70-200 mV → 2-6 k₀T per electron (k₀T=thermal energy)	Diffusion and Catalysis Rate  21. Diffusion coefficient for an "average" protein: in cytoplasm D≈5-15 μm²/s → ≈10 millisec to traverse an E. coli →≈10 s to traverse a mammalian (Hela) cell; small metabolite in water D≈500 μm²/s  22. Diffusion limited on-rate for characteristic protein ≈108-108 s⁻¹M⁻¹ → for a protein substrate of concentration ≈1 μM the diffusion limited on-rate is ≈100-1000 s⁻¹ thus limiting the catalytic rate k <sub>cat</sub>		
	Nucleus volume ≈10 Cell membrane thick "Average" protein di Base pair: 2 nm (D) x		17. Protein of per E. co. Total me  Energetics 18. Membra		Genome sizes & Error Rates  23. Genome size: E. coli ≈5 Mbp; S. cerevisiae (yeast) ≈12 Mbp; C. elegans (nematode) ≈100 Mbp; D. melanogaster (fruit fly) ≈120 Mbp; A. thaliana (arabidopsis) ≈120 Mbp; M. musculus (mouse) ≈2.5 Gbp; H. sapiens (human) ≈2.9 Gbp;		
<b>T</b> a 9	vision, Replication, Transcription, anslation & Degradation Rates 87°C with a temperature dependence Q10 of ≈2-3 Cell cycle time (exponential growth in rich media): <i>E. coli</i> ≈20-40 min; yeast 70-140 min; human cell line (Hela): 15-30 hours Rate of replication by DNA polymerase <i>E. coli</i> ≈200-1000 bases/s; human ≈40 bases/s. Transcription by		physiolo  ≈40-60  ATP mol  E. coli o  20. ΔG <sup>0</sup> resuratio bet	<ol> <li>Free energy (ΔG) of ATP hydrolysis under physiological conditions         ≈40-60 kJ/mole → ≈20k<sub>B</sub>T/molecule ATP;         ATP molecules required to make an E. coli cell ≈10-50×10<sup>9</sup></li> <li>ΔG<sup>o</sup> resulting in order of magnitude ratio between products and reactants concentrations:         ≈6 kJ/mol ≈60 meV ≈2 k<sub>B</sub>T</li> </ol>		T. aestivum (wheat) ≈16 Gbp  24. Number of protein-coding genes: E. coli ≈4,000; S. cerevisiae ≈6,000; C. elegans, A. thaliana, M. musculus, H. sapiens ≈20,000  25. Mutation rate in DNA replication ≈10-8-10-10 per bp  26. Misincorporation rate:	
	RNA polymerase 10- 1. Translation rate by ril 2. Degradation rates (p mRNA half life < cell protein half life ≈ cell	ribosome 10-20 aa/s (proliferating cells): ell cycle time;	literature. Nur "rule of thum! annotated vi Consult web about the det	Useful biological numbers extracted from the literature. Numbers and ranges should only serve as "rule of thumb" values. References are in the online annotated version at the BioNumbers website. Consult website and original references to learn about the details of the system under study including growth conditions, method of measurement, etc.		transcription ≈10-4 per nucleotide; translation ≈10-3-10-4 per amino-acid  Click on a number to see full description and reference www.BioNumbers.org	

Вы когда-нибудь искали нужные числа, такие как объема клетки или клеточную концентрацию АТФ, тратя гораздо больше времени, чем бы вы хотели, в Интернете или листая учебники – и всё без особого успеха?

Ну, это происходит не только с вами. Часто удивляет , как трудно найти конкретные биологические числа, даже для свойств, которые были измерены много раз . Чтобы помочь решить эту проблему для всех и каждого, была создана BioNumbers (база данных ключевых чисел в молекулярной биологии). Наряду с числами, вы найдете соответствующие ссылки на оригинальную литературу, полезные замечания, и связанные с ними количественные характеристики.

Хотя мы сделали честную первую попытку упростить процесс поиска полезные биологических чисел, ещё много работы предстоит. Ключевой проблемой является заполнение большого количества пропущенных пунктов. Еще одна проблема предполагает создание надежной и взыскательной поисковой машины, которая на первой же попытке дает именно те характеристики, которые ищет пользователь на самом деле.

Цитирование BioNumbers, пожалуйста, делайте так: Milo et al. Nucl. Acids Res. (2010) 38: D750-D753. При использовании конкретной записи из базы данных настоятельно рекомендуем вам также указать 6-значный идентификатор BioNumbers, например, "BNID 100986, Milo et al 2010".

## Оригинал:

Did you ever need to look up a number like the volume of a cell or the cellular concentration of ATP, only to find yourself spending much more time than you wanted on the Internet or flipping through textbooks - all without much success?

Well, it didn't happen only to you. It is often surprising how difficult it can be to find concrete biological numbers, even for properties that have been measured numerous times. To help solve this for one and all, BioNumbers (the database of key numbers in molecular biology) was created. Along with the numbers, you'll find the relevant references to the original literature, useful comments, and related numbers.

Though we have made an honest first try at simplifying the process of finding useful biological numbers, there is still much work to be done. A key challenge is filling in the large number of missing items. Another challenge involves setting up a reliable and discriminating search engine which on a first try yields the numbers a user is actually interested in finding.

To cite BioNumbers please refer to: Milo et al. Nucl. Acids Res. (2010) 38: D750-D753. When using a specific entry from the database it is highly recommended that you also specify the BioNumbers 6 digit ID, e.g. "BNID 100986, Milo et al 2010".